

**MOM & BABY YOGA (dads welcome too!)  
NEW STUDENT REGISTRATION FORM**

Name: \_\_\_\_\_ Baby's Name \_\_\_\_\_

Your Date of Birth: \_\_\_\_\_ Baby's Date of Birth \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

How did you hear about the Motion Center? \_\_\_\_\_



\_\_\_ **Session A: (Babies 5 months through walking)**  
Fridays 12:45-1:45pm (arrival at 12:30pm)  
Jan 15, 22, 29, Feb 5, 12, 19, 26

\_\_\_ **Session B: Babies 1 month through crawling)**  
Fridays 2-3pm (arrival at 1:45pm)  
Jan 15, 22, 29, Feb 5, 12, 19, 26

My delivery was: \_\_\_vaginal \_\_\_C-section \_\_\_involved complications\*

**\*please explain:**

**Please list any injuries or health conditions you have had in the past 5 years, and when. Please list any health conditions the baby has:**

**Please tell us a bit about why you are taking the Mom/Dad & Baby Yoga Class:**

I understand that I am registering for the 7 week Mom/Dad & Baby Yoga series, running on Fridays **January 15 – February 26, 2010**. Class is from 12:45-1:45pm or 2-3pm, with arrival 15 minutes early (or an attempt at it!) to help the babies settle in. The series fee is \$91. Please send in full payment and this form to reserve a space.

***I have informed my teacher of any injuries or health conditions my baby or I have, and have read and understand the Payment Policies.***

\_\_\_\_\_  
signature

\_\_\_\_\_  
date

**PAYMENT POLICIES:**

Refunds: withdrawal prior to or after first class--full refund minus \$25 administration fee. After the second class, remaining course payment cannot be refunded, except in the case of emergency prohibiting attendance.

A single make-up class is included in the series fee, and can be taken during future sessions, OR without the babies at the Saturday Hatha Yoga class, which runs from 9-10:30am, every Saturday.

**GENERAL INFORMATION:**

Please inform your teacher of any current/chronic injuries or health conditions so that she may safely modify the class for you.

Please take the time to listen to your body, and never force yourself beyond your limits. Questions on how to adapt the practice to your interests and body are always welcomed by your teacher. Some simple suggestions for students new to yoga can be found on our website at: [http://www.motioncenter.com/New\\_to\\_Yoga.html](http://www.motioncenter.com/New_to_Yoga.html)